
**Abstract:**

A major weakness in Erdelyi's account concerns the claim that repression can become conscious. A relational account of cognition demonstrates that if repression is successful, then the repressive act cannot become known. Additionally, “resistance” further distinguishes “repression” from “suppression.” Rather than blurring the distinction between these processes, it is possible to recognise a series of defences. Suggestions are provided for alternative research avenues.